

Student – Athlete Eligibility Packet
Technology High School Athletic Department
2023-2024

Welcome!

Technology High School's athletic program offers 18 team sports for our students. These programs play an essential role in teaching our young men and women to conduct themselves with honesty and integrity, strive for excellence, persevere through adversity, make sacrifices and compete with dignity and pride while developing a commitment to teamwork and service to our school and community.

Our athletic administration, staff and coaches are committed to providing a challenging, supportive and caring environment where our student-athletes can reach their academic, athletic and personal potential.

We expect our coaches, athletes and spectators to conduct themselves in a manner that shows respect and sportsmanship when we interact with opposing teams, coaches, fans and contest officials.

The Tech High Boosters continue to play a pivotal role in providing support, energy and enthusiasm for our athletes and coaches. We thank them, along with the many families and alumni, for all they do for Tech High and the sports program.

Important Dates and Reminders -

- All fall sports begin practice Monday **Aug 7, 2023**
 - This includes
 - Cross Country (co-ed)
 - Soccer (boys and girls)
 - Volleyball (girls) JV/Varsity
- We offer the following sports in Winter and Spring :
 - Winter - 1st practice **Oct 30, 2023**
 - Basketball (boys and girls)
 - Dance Team (co-ed)
 - Spring sports begin **Feb 5, 2023**
 - Baseball
 - Softball
 - Swimming (boys and girls)
 - Track and Field (boys and girls)
 - Tennis (co-ed)
 - Golf (co-ed)

Please remember that a completely filled out and turned in sports packet and sports physical is required prior to a student participating in any practice (conditioning is permitted since it is completely optional).

Both the Athletic Packet and Physical are required every year. Sports physicals need to be dated on or after July 1, 2023, not before.

If you plan on driving student-athletes to away events please also fill out the driver form and include a copy of your most recent auto insurance declaration page as well as a copy of your valid driver license..

Please make donation checks payable to: Tech High and please put “name of sport donation/last name” in the memo line. We ask for \$200 per sport.

Example : “Soccer Donation/Meinhofer”

Unfortunately we do not accept any other form of payment for the donation.

If you have any questions or concerns please don't hesitate to reach out. I'm happy to assist.

You can reach me at:

ths_athletics@crpusd.org

Go Titans!

Sincerely,

Mark Meinhofer
Athletic Director

Technology High School

Sarah Harris
Assistant to the Athletic Director

Technology High School

Student – Athlete Eligibility Packet
Technology High School Athletic Department
2023-2024

Student Name: _____

Student Email: _____

Grade: _____

Last School Attended: _____

Sport (check all that apply)

Note we ask for a per sport donation of \$200

- Cross Country
- Volleyball
- Soccer Boys
- Soccer Girls
- Basketball Boys
- Basketball Girls
- Dance
- Baseball
- Softball
- Track & Field
- Golf
- Tennis
- Swimming
- Other _____

Returning student:

- yes
- no

Transfer Student:

- yes
- no

Incoming 9th Grader:

- Yes
- no

Student – Athlete Eligibility Packet
Technology High School Athletic Department
2023-2024

Parent Information (please print)

Parent Name: _____

Parent Email: _____

Parent Phone: _____

Packet Contents:

- Checklist for meeting athletic eligibility requirements
- List of Sport Offerings
- Athletic Code and Philosophy
- CIF/NCS/CMC/SCL eligibility regulations
- THS academic eligibility regulations
- Athletic Department regulations/disciplinary policy
- Risk of participation warning
- Procedure for filing a complaint against a coach
- Points of emphasis regarding athletic competition
- NCAA Freshmen Eligibility Standards (New for the college bound athlete)

Student – Athlete Eligibility Packet
Technology High School Athletic Department
2023-2024

Part 1.

1-10 must be completed before the first day of practice

11 & 14 must be completed before the first contest

1. ___ Personal Information (with Parent information as well)
2. ___ Sport of Participation
3. ___ Evidence of physical examination (completed after 7/1/23 – Good for 1 year)
4. ___ Medical Insurance Verification (including policy number)
5. ___ Parent/Guardian information
6. ___ Parent/Guardian permission to participate / medical consent
7. ___ Acknowledgment of athletic code and requirements
8. ___ NCS ejection policy acknowledgment form
9. ___ Sportsmanship pledge form
10. ___ Parent/Guardian/Athlete use of steroids form
11. ___ New or Transfer students to THS (see Athletic Director)
12. ___ Signed concussion form
13. ___ Completed Parent Driver Form
14. ___ \$200 per sport donation

Part 2. Checklist for meeting eligibility requirements

15. ___ Submitted completed eligibility packet to the Athletic Department
16. ___ Student received a 2.0 grade point average in the last grading period.
If not a student is eligible for two athletic / academic waivers throughout their four years of high school. *See Athletic Director for requirements
17. ___ Must have passed a minimum of 20 units of coursework in the previous grading period (this requirement cannot be waived)
18. ___ Must have not previously participated in high school sports at another high school or has submitted an application for waiver of ineligibility
19. ___ Must be enrolled in THS for at least semester 20 units of coursework
20. ___ Must have completed eighth grade & not more than 8 semesters of high school
21. ___ Must not have reached 19th birthday prior to June 15th of the school year
22. ___ Must not violate the CIF amateur status rule
23. ___ Must not have participated in more than four seasons of any one sport during four years of high school
24. ___ Must not be competing on an outside sports team for the same sport during the student's high school season of sport
25. ___ Must agree to abide by the regulations of the athletic department as set forth in the athletic code of conduct
26. ___ Any student who does not attend at least three out of six periods of school on a given day or five out of seven periods, cannot attend practice or competition that afternoon or evening, either as a participant or as an observer. To participate in weekend activities, students must have attended at least four periods on the previous school day.

Form 2023-2024

Section 1:

Technology Titans

Technology High School

Athletic Department

Participation Clearance

Section 2:

Name – Last, First (print clearly)

Check sport(s) of participation

Fall Winter Spring

Birth date: _____
Grade: _____
() 9th () 10th () 11th () 12th

() XCountry (coed) () Girl's Basketball () Swimming (coed)
() Boy's Soccer () Dance Team () Tennis (coed)
() Girl's Volleyball () Baseball () Track/Field (coed)
() Girls Soccer () Golf (coed) () Softball
() Boy's Basketball

Entry Date at THS: (month/year)

Previous High School: (if any)

Section 3:

Evidence of Physical Examination
(separate form signed by doctor may be attached)

Section 4: Medical Insurance Verification

(\$1500 minimum required)

Supplementary insurance may be purchased. See THS office. Insurance

Company: _____ Policy

I hereby certify that the above named student was examined by me and was found to be physically fit to engage in interscholastic athletics

Number: _____

Are there any apparent cavities in teeth? _____ Does the patient have a bridge or any

I will purchase supplementary medical insurance if I am not covered () yes
() no

false teeth? _____ Any other condition that should be watched? _____

Physician's Signature: _____ Date: _____

Section 5:

Parents / Guardian Information

(Please Print Clearly)

Name:

Last, First _____ Telephone: _____

Home: _____ Work: _____

Cellular: _____

Address:

If needed, the supplementary insurance form must be submitted to the Athletic Director. See the school office for forms.

Street: _____

Parent/Guardian Signature _____ (Date)

City: _____ Zip: _____

Student-Athlete

Signature _____

(Date)

Section 7:

We hereby acknowledge that we have read and understand the THS athletic code, including the philosophy and regulations that govern the behavior of athletes while attending Technology High School and participating in the sports program. We also acknowledge that we have read and understand all THS, CMC, NCS, and CIF academic, athletic, citizenship and residential requirements included herein and agree to abide by them.

(Parent/Guardian Signature) (Date)

(Student-Athlete signature) (Date)

COTATI-ROHNERT PARK UNIFIED SCHOOL DISTRICT
AGREEMENT FOR STUDENT ATHLETE AND PARENT/GUARDIAN
REGARDING USE OF STEROIDS

(Acuerdo para estudiantes atletas y sus padres/tutores legales respecto al uso de esteroides.)

Student Athletes Name (*Nombre del estudiante*) _____

<p>Directions: As a condition of membership in the California Interscholastic Federation (CIF), the Governing Board of the Cotati Rohnert Park Unified School District has adopted Board Policy 5131.63 prohibiting the use and abuse of androgenic/anabolic steroids. CIF Bylaw 524 requires that all participating students and their parents/guardians sign this agreement. By signing below, we agree that the student shall not use androgenic/anabolic steroids without the written prescription of a fully licensed physician, as recognized by the American Medical Association, to treat a medical condition. We recognize that under CIF Bylaw 200.D the student may be subject to penalties, including ineligibility for any CIF competition, if the student or his/her parent/guardian provides false or fraudulent information to the CIF. We understand that the student's violation of the district's policy regarding steroids may result in discipline against him/her, including, but not limited to, restriction from athletics, suspension, or expulsion.</p>	<p><i>Direcciones: Como condición de ser socio de la federación inter-escolástica de California (California Interscholastic Federation =CIF), la Mesa Directiva del Distrito Escolar Unificado de Cotati-Rohnert Park ha adoptado la Política 5131.63 prohibiendo el uso y el abuso de esteroides andrógenos/anabólicos. La ley 524 de la CIF requiere que todos los estudiantes participantes y sus padres/tutores legales firmen este acuerdo.</i></p> <p><i>Con nuestra firma abajo, acordamos que el estudiante no usará esteroides andrógenos/anabólicos sin la receta de un medico licenciado, reconocido por la asociación médica americana (American Medical Association), para el tratamiento de una condición médica.</i></p> <p><i>Reconocemos que bajo la ley 200.D de la CIF el estudiante puede ser penalizado, incluso ser descalificado de participar en cualquier competición de la CIF, si el estudiante o su padre/madre/tutor legal proporcionan información falsa o fraudulenta a la CIF. Comprendemos que la violación de la política distrital acerca de esteroides puede resultar en consecuencias disciplinarias, incluso, pero no limitadas a la restricción de actividades atléticas, o la suspensión o expulsión escolar.</i></p>
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Signature of student athlete (*firma del estudiante*) Date (*fecha*)

Signature of parent/guardian (*firma de padre/tutor*) Date (*fecha*)

8/05 *SteroidsStudentParentAgreement-ENSP*

NCS, CIF EJECTION POLICY HANDBOOK (FALL, WINTER, SPRING) 2020-21

NCS, CIF EJECTION POLICY 2023-2024
ATHLETE NOTIFICATION FORM

The following is a partial summary of rules and minimum penalties adopted by the NCS Board of Managers applicable to players and are in effect for (non-league, league, invitational tournaments/events, post-season; league, section or state playoffs).

1. Ejection of a player from a scrimmage:

Penalty: The player must complete the NFHS Sportsmanship course prior to the next contest.

2. Ejection of a player from a contest:

Penalty: A player ejected from a contest for violation of a NFHS or sports governing body rule (other than assaultive behavior/fighting or leaving the bench area during a fight) shall be ineligible for the next contest (non-league, league, invitational tournament, post-season {league, section or state} playoff). **A second ejection will result in a three game suspension and a third ejection shall make the player ineligible for the remainder of the season.** If the ejection is for unsportsmanlike conduct, the player must also complete the NFHS online Sportsmanship course.

3. Ejection of a player from a contest for assaultive behavior/fighting or leaving the bench area: Penalty: **A player ejected from a contest for these reasons is ineligible for the school's next three contests. In addition, the player shall complete the online NFHS Sportsmanship course. The player may not participate until the course has been completed. The player must also meet with the school principal to discuss future behavioral expectations and complete the NCS Return to Competition Form.**

4. Second ejection of a player from a contest for assaultive behavior/fighting or leaving the bench area:

Penalty: **The player shall be ineligible for the remainder of the season.**

5. When one or more players leave the bench to begin or participate in an altercation.

Penalty: The player(s) shall be ejected from the contest-in-question and become ineligible for three contests (non-league, league, invitational tournament, post-season {league, section or state} playoff). **The school, league or NCS may use electronic video to identify players who have left the bench area to begin or participate in an altercation. This identification may be made after the jurisdiction of the game officials has ended and such identified players are subject to the penalties set forth in #3 and #4 above.**

6. Ejection of a player in the last contest of the season:

Penalty: The player will be held out of the number of contests required by the type of ejection in the same sport in the following year. If the player is a graduating senior, the player must sit out the required number of contests in the next season of sport in which they participate. If the ejection is for an offense that requires completion of the NFHS Sportsmanship course, the course must be completed with 10 school days. Sub-varsity players may not be moved to the varsity level for post-season competition.

7. Physical Assault of an Official:

Penalty: A player alleged to have physically assaulted an official shall be ineligible to participate in or attend any contests until the investigation has been completed and the NCS Commissioner of Athletics has accepted the results and recommendation of the school's investigation.

I have read the NCS, CIF Ejection Policy and understand **there are severe consequences for assaultive behavior/fighting and leaving the bench area to begin or participate in an altercation.** I have also been provided with a complete version of the NCS, CIF Ejection Policy. I understand that athletes may not participate in any contest until this document is filed with the school. This signed Athlete Notification Form is to be maintained at the school.

Student's Signature _____

SPORT _____ VAR____ JV____ F/S____ FR____

SPORTSMANSHIP PLEDGE FORM

THE ROLE OF THE PARENT REGARDING INTERSCHOLASTIC ATHLETIC COMPETITION

The role of a parent in the education of a student is vital. The support shown in the home is often manifested in the ability of the student to accept the opportunities presented at school and in life.

There is a value system – established in the home, nurtured at school – that young people are developing. Their involvement in the classroom and other activities contributes to that development. Trustworthiness, citizenship, caring, fairness, and respect are some of the lifetime values taught through athletics. These are the principles of good sportsmanship and character. With them, the spirit of competition thrives, fueled by honest rivalry, courteous relations and graceful acceptance of the results.

As a parent of a student-athlete at Technology High School, your goals should

include: 1. Realize that athletics are part of the educational experience, and the benefits of involvement go beyond the final score of an athletic contest.

2. Encourage our students to perform their best, just as you would urge them to excel with their class work. 3. Participate in positive cheers that encourage our student athletes while discouraging any cheers that would redirect that focus – including those that taunt and intimidate opponents, their fans and officials. 4. Refrain from any activity before, during or after a contest that is meant to ridicule, embarrass, taunt, or demean an opponent.

5. Learn, understand, and respect the rules of the game, the officials who administer them and their decisions. 6. Respect the task our coaches face as teachers and support them as they strive to educate our youth. 7. Respect our athletic opponents as student-athletes and acknowledge them for striving to do their best. 8. Develop a sense of dignity and civility under all circumstances.

You can have a major influence on your student's attitude about academics and athletics. The leadership role you take will help influence your child, and our community, for years to come. In the end sport is only a game. It is a place where we allow others the opportunity to challenge us to improve our skills and motivate us to excel.

Pledge of Good Sportsmanship – 'Victory With Honor'

Technology High School has adopted the CIF/NCS "Victory With Honor" principles as a guideline for the promotion of good sportsmanship among athletes, coaches and spectators. Six core values – trustworthiness, respect, responsibility, fairness, caring, and good citizenship – enable sport to achieve its highest potential. We ask for your cooperation towards achieving the goal of making this school known as a place where all of us maintain a proper perspective, practice good sportsmanship, and act with concern and respect for others.

Signatures of Parent and Athlete Concerning Sportsmanship

I have read the aforementioned THS sportsmanship pledge and will uphold and practice good sportsmanship as outlined by the California Interscholastic Federation, the North Coast Section and Technology High School.

Signature of student athlete (*firma del estudiante*) Date (*fecha*)

Signature of parent/guardian (*firma de padre/tutor*) Date (*fecha*)

CIF/North Coast Section Concussion Information Sheet Technology High School

A concussion is a brain injury and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions are potentially serious and may result in complications including prolonged brain damage and death if not recognized and managed properly.** In other words, even a “ding” or a bump on the head can be serious. You can’t see a concussion and most sports concussions occur without loss of consciousness. Signs and symptoms of concussion may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion, or if you notice the symptoms or signs of concussion yourself, seek medical attention right away.

Symptoms may include one or more of the following:

- Drowsiness
- Change in sleep patterns
- Amnesia
- “Don’t feel right”
- Fatigue or low energy
- Sadness
- Nervousness or anxiety
- Irritability
- More emotional
- Confusion
- Concentration or memory problems (forgetting game plays)
- Repeating the same question/comment

Signs observed by teammates, parents and coaches may include:

- Appears dazed
- Vacant facial expression
- Confused about assignment
- Forgets plays
- Is unsure of game, score, or opponent
- Moves clumsily or displays incoordination
- Answers questions slowly
- Slurred speech
- Shows behavior or personality changes
- Can’t recall events prior to hit
- Can’t recall events after hit
- Seizures or convulsions
- Any change in typical behavior or personality
- Loses consciousness

What can happen if my child keeps on playing with a concussion or returns too soon?

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often under report symptoms of injuries. And concussions are no different. As a result, education of administrators, coaches, parents and students is the key for student-athlete's safety.

If you think your child has suffered a concussion

Any athlete even suspected of suffering a concussion should be removed from the game or practice immediately. No athlete may return to activity after an apparent head injury or concussion, regardless of how mild it seems or how quickly symptoms clear, without medical clearance. Close observation of the athlete should continue for several hours. The new CIF Bylaw 313 now requires implementation of long and well-established return to play concussion guidelines that have been recommended for several years:

“A student-athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time and for the remainder of the day.”

and

“A student-athlete who has been removed may not return to play until the athlete is evaluated by a licensed healthcare provider trained in the evaluation and management of concussion and received written clearance to return to play from that health care provider”.

You should also inform your child's coach if you think that your child may have a concussion. Remember it's better to miss one game than miss the whole season. And when in doubt, the athlete sits out.

For current and up-to-date information on concussions you can go to:

<http://www.cdc.gov/ConcussionInYouthSports/>

Student-Athlete Printed

Signature

Date

Parent or Legal Guardian Printed

Signature

Date

Eligibility for Athletics and Activities (Extra/Co-Curricular)

Attendance/Discipline Technology High School Academic Standards

All students must:

- Be currently enrolled in at least 20 semester units of study/ coursework.
- Have passed and received at least 20 units of classroom credit upon completion of the previous grading period. (Grades used for qualifying are the following: First Quarter / Fall Semester / Third Quarter / Spring Semester)
- Be progressing towards completing Technology High School Graduation requirements.
- Achieve a 2.00 GPA (unweighted)

Students who fall below the 2.00 GPA requirement may apply for a waiver of the academic requirement and be put on probation for the current grading period *as long as they have a minimum of a 1.60 GPA*. The student must achieve a 2.00 GPA by the end of the grading period in order to continue to participate in the athletic program. The requirements of having passed and received credit for 20 units of coursework the previous grading period cannot be waived. The student must comply with all requirements of the waiver policy while on probation and may be dropped from the waiver program if the requirements are not met. An athlete can only be granted two waivers while enrolled at Technology High School.

Ineligibility and Probationary Status:

- Any student who is suspended from school shall be denied access to practice or play for the days of the suspension and up to 45 school days after the suspension, including removal from the team.
- Any student with a quarter progress report below a 1.6 GPA is disqualified from that season's sport / team.
- Students on academic probation (GPA above 1.60 but below a 2.0) will not participate in extracurriculars for two weeks. They then may apply for a waiver to return to their team, but will be required to get weekly grade checks from each of their teachers and maintain grades of C- or above in all "A-G courses" required for graduation.

The twenty credits requirement is waived for incoming ninth grade students. The scholastic eligibility requirement for ninth grade students consists of:

- The student must have been promoted from his/her previous school to the ninth grade and
- The student must have attained a 2.00 grade point average during the last grading period at his/her previous school.
- If a 2.00 GPA was not attained the student-athlete must apply for a special waiver of the academic requirement and be considered on probation. Summer school grades may be used to replace grades in previous classes to raise a student's grade point average, or to earn credits for a class for which the student received a failing grade. The athletic director will determine and announce the dates upon which students become eligible or ineligible for athletic participation each grading period, usually the Monday after grades are submitted by teachers.

All student-athletes who attain a 3.50 GPA (unweighted) during their season of sport shall be named CIF/ NCS Scholar Athletes. For a complete description of Technology High School's athletic policy, including philosophy, regulations, athletic discipline, and other information, visit this website: [THS Athletics](#).

Guidelines for Student Behavior at Competitions and other activities

Attendance at school-related activities is a privilege for Technology High School students. All school rules are in effect during the time of the event, including to and from the event. Students violating school policies are subject to removal from the activity/competition and future activities/competitions.

Extracurricular and Co-Curricular Eligibility

All students participating in activities sponsored by the school must meet certain standards. Specifically, the principal must certify that all students participating are good citizens. If a student is on probation for a disciplinary action, they are not in good standing. In addition, any student involved with drugs or alcohol during school hours/activities will immediately be removed from any extra- or co-curricular activity such as robotics, yearbook, or student leadership for 45 school days. With the permission of the principal, any co-curricular advisor or coach may impose rules in addition to these standards.

Student-Athlete Printed

Signature

Date

Parent or Legal Guardian Printed

Signature

Date

Tech High Philosophy

Athletics play an integral role in the educational mission of CRPUSD. Sports are an extracurricular activity, meaning that they are not part of the regular school day and are not required for graduation. Nonetheless, participation is guided by the same educational values inherent in the District's classrooms. Winning is an important goal and competitiveness is an accepted value; however, these are secondary to the personal growth and life lessons our programs seek to impart.

Expertise in a particular sport alone does not qualify a coach to work with our athletes. Coaches should be leaders who strive to develop the whole person and display a caring attitude, high expectations, teaching ability, and, most of all, personal character. Coaches, first and foremost, must be role-models for their athletes.

Student-athlete participation in high school athletics is a privilege, not a right. This privilege is earned and maintained through a commitment to academics, appropriate behavior, and the fulfillment of one's responsibilities as a member of a team. Athletes are expected to treat everyone with dignity and respect, including opponents, officials, teammates, coaches, and members of the community.

Parents play a pivotal role in their child's athletic experience. Sports participation can be a highly emotional experience for both athletes and parents, and the manner in which a parent supports this experience may be the single most important influence on the child's experience. Parents are encouraged to support their student-athletes by attending games, guiding them during times of excitement and frustration, and modeling proper respect for others during competition or times of disagreement.

Non-Discrimination Policy and Fees

Participation on an athletic team may not be restricted on the basis of race, gender, ethnicity, religious preference, or sexual orientation. No student-athlete or family of a student-athlete will be required or pressured to pay a "participation fee" by the District, schools, or affiliated athletic booster clubs. With that said, we do ask for a \$200 donation for each sport a student participates in. This helps offset the cost of officials, equipment, and maintenance to playing areas. This is a donation request and no one will be restricted from participating if no donation is given.

Title IX

Title IX mandates equitable sports program offerings for male and female students. There are specific Title IX factors in which school districts use to assess Title IX compliance. The District's Title IX website is <https://www.crpUSD.org/cms/one.aspx?portalId=485396&pageId=49141489>

Sportsmanship

Coaches, student-athletes, and parents are expected to demonstrate proper respect for each other, opponents, officials, and spectators. Student-athletes and parents must sign our Code of Conduct (see below) prior to participation and are expected to abide by this code at all times. Coaches are expected to exhibit the highest level of conduct, both on and off the playing fields, as they are at all times representative of their team, school, and our District. Athletes, coaches, and spectators (including parents) may be ejected from contests for inappropriate behavior. Persistent violations of the Code of Conduct may result in student athletes being removed from the team and in parents and fans being prohibited from attending future contests.

HIGH SCHOOL ATHLETICS CODE OF CONDUCT FOR PARENTS AND ATHLETES

It is the duty of all concerned with high school athletics to emphasize the proper ideals of sportsmanship, ethical conduct and fair play. Athletes and parents are expected to respect the integrity and judgment of officials, to show courtesy to visiting teams, and to recognize that an athletic contest is only a game, the purpose of which is to promote the physical, mental, moral, social and emotional well-being of the individual athletes.

Please read the specific behavior guidelines established below for parents and athletes. Your signature below signifies your willingness to respect and abide by the CIF "Code of Ethics."

ATHLETES' CODE

1. I will emphasize the proper ideals of sportsmanship, ethical conduct and fair play.
2. I will show courtesy to visiting teams and officials.
3. I will understand thoroughly the rules of the game.
4. I will remember that an athletic contest is only a game.
5. I will refrain from the use of profanity or talking "trash" etc.
6. I will refrain from the use of drugs and alcohol, including tobacco and vaping.
7. I recognize that the coach has the final say on all matters related to the management of the team.
8. I will refrain from criticism of my teammates.
9. I will refrain from any activity that may incite spectators.

INFRACTIONS OF THE ABOVE WILL JEOPARDIZE YOUR ATHLETIC ELIGIBILITY.

Athlete's Signature

Date

PARENTS' CODE

1. I will emphasize the proper ideals of sportsmanship, ethical conduct and fair play.
2. I will remember that an athletic contest is only a game.
3. I will show courtesy to visiting teams and officials.
4. I will not criticize officials, direct abuse or profane language toward them or otherwise undermine their authority.
5. I will not indulge in criticism that would undermine the authority of the coach. I will direct all of my criticism to the proper school administrative authority.
6. I will keep a positive outlook on the school's athletic program. Constructive criticism for the program will be directed to the athletic director of the school administration.
7. I will not enter onto the field or court, stand on the sidelines, or yell from the bleachers to the coach or provide instructions for my son/daughter or other members of the team.

INFRACTIONS OF THE ABOVE WILL JEOPARDIZE YOUR ATTENDANCE AT FUTURE HIGH SCHOOL ATHLETIC CONTESTS.

Parents' Signatures

Date

APPLICATION TO DRIVE PRIVATE VEHICLE FOR SCHOOL FUNCTION

(To Remain Valid for One (1) Year or Until Driver's License or Insurance Policy Expires)

DRIVER (attach copy of Driver's License)

(circle one) Employee Parent Volunteer Name _____

Phone _____ Address _____

Date of Birth _____ Driver's License# _____

Expiration Date _____

Vehicle

Name of owner _____ Year & Make _____

Address _____ License Plate # _____

No. of Seat Belts _____

Registration Expiration _____

Insurance Information (attach a copy of your insurance policy declaration page)

Insurance Company _____

Policy # _____ Expiration Date _____

Liability Limits _____ (must be minimum 300k/100k)

Driving Record

I certify that the information given above is true and correct. I understand that If an accident occurs, my insurance coverage shall bear primary responsibility for any losses or claims for damage. ***I have included my DL and declaration page of my insurance.***

Signature _____ Date _____

Acknowledgement that the above information has been reviewed and all Necessary forms are attached and comply with District Policy.

Principal _____ Date _____